September 2023

Breakfast K-12

Monday	Tuesday		Wednesday		Thursday		Friday
							1 Entree Apple Cinnamon Muffin Top Fruit 100% Orange Juice Fresh Banana Milk 1% White Milk Fat Free Chocolate Milk
4 Labor Day Holiday	5 Entree Turkey Sausage Biscuit Honey Bun, Whole Grain Fruit Waternelon Applesauce 100% Apple Juice Milk 1% White Milk Fat Free Chocolate Milk	*	6 Entree Double Chocolate Chip Min Muffin Froot Loops Bowl Fruit Mandarin Oranges Apple Juice, 100% Milk 1% White Milk Fat Free Chocolate Milk	w*	7 Entree Pancake and Sausage Apple Frudel Fruit Craisins, Flavor Variety 100% Apple Juice Milk 1% White Milk Fat Free Chocolate Milk	*	8 Entree Strawberry Cream Cheese Bagel Mini Maple Pancakes Fruit Fresh Banana 100% Orange Juice Milk 1% White Milk Fat Free Chocolate Milk
11 Entree Concha Pan Dulce Froot Loops Bowl Fruit Waternelon Applesauce Apple Juice Milk 1% White Milk Fat Free Chocolate Milk	12 Entree French Toast Sticks Cinnamon Swirl Fruit Gala Apple 100% Orange Juice Milk 1% White Milk Fat Free Chocolate Milk	**	13 Entree Banana Muffin Top Cocoa Puffs Cereal Fruit Tropical Fruit Cup 100% Orange Juice Milk 1% White Milk Fat Free Chocolate Milk	•	14 Entree Papas con Huevo Taco Yeast Raised Donut Fruit Fresh Orange 100% Orange Juice Milk 1% White Milk Fat Free Chocolate Milk	C+	15 Entree Cheerios Cereal Double Chocolate Chip Mini Muffin Fruit Fresh Banana 100% Apple Juice Milk 1% White Milk Fat Free Chocolate Milk
18 Entree Blueberry Mini Muffin Banana Muffin Top Fruit Waternelon Applesauce 100% Apple Juice Milk 1% White Milk Fat Free Chocolate Milk	19 Entree Sausage Kolache Yeast Raised Donut Fruit 100% Orange Juice Fresh Apple Milk 1% White Milk Fat Free Chocolate Milk	*	20 Entree Cinnamon Toast Crunch Cereal Bowl Froot Loops Bowl Fruit 100% Apple Juice Craisins, Flavor Variety Milk 1% White Milk Fat Free Chocolate Milk	•	21 Entree Pancake & Eggs Apple Frudel Fruit 100% Orange Juice Fresh Orange Milk 1% White Milk Fat Free Chocolate Milk	*	22 Entree Strawberry Yogurt and Graham Crackers Waffles, Mini Bites Fruit 100% Apple Juice Fresh Banana Milk 1% White Milk Fat Free Chocolate Milk
25 Entree	26 Entree	\$	27 Entree	C +	28 Entree	Ç-	29 Entree

Pop Tart, Frosted Fudge Cheerios Cereal

Fruit

100% Orange Juice Waternelon Applesauce

Milk

1% White Milk Fat Free Chocolate Milk French Toast Sticks Concha Pan Dulce

Fruit

Gala Apple 100% Orange Juice

Milk

1% White Milk Fat Free Chocolate Milk Cocoa Puffs Cereal Bar Cinnamon Toast Crunch Cereal

Fruit

Apple Juice, 100% Craisins, Flavor Variety

Milk

1% White Milk Fat Free Chocolate Milk Cinnamon Swirl Pancake on a Stick

Fruit

100% Orange Juice Fresh Orange

Milk

1% White Milk Fat Free Chocolate Milk Strawberry Cream Cheese Bagel Mini Maple Pancakes

Fruit

100% Apple Juice Fresh Banana

Milk

1% White Milk
Fat Free Chocolate Milk

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- 1. mail: U.S. Department of Agriculture Office of the Assistant Secretary for Civil Rights 1400 Independence Avenue, SW Washington, D.C. 20250-9410; or
- 2. fax: (833) 256-1665 or (202) 690-7442; or
- 3. email: Program.Intake@usda.gov